

ANCIENT GREEK PHILOSOPHY

INSTRUCTOR | Edward Tingley, PhD

OUTLINE OF SECTION 9 NICOMACHEAN ETHICS 3 ARISTOTLE ON VIRTUE

LESSON 2 **Habit in forming moral excellence** 22 minutes

ἦθος | ethos

character, custom,
habit

ἠθική | ethike

that which concerns *ethos*,
'ethics'

C | The role of habit in forming moral excellence

1 | The formation of character (ἦθος | *ethos*) 00:01

PROPOSITION **54** THE VIRTUES / EXCELLENCES OF CHARACTER
ARISE THROUGH HABIT – I.E., BY ACTING
REPEATEDLY AS WE SHOULD

2 | Ignorance about training – an analogy with sport (training, power, freedom, & effort) 4:20

(a) Training & power

(b) Power & freedom 13:55